

Canadian Stomp

Count: 40

Wall: 4

Level: Absolute Beginner

Choreographer: Cindy Hall & Ginny Smith (USA) 1999

Music: Any Man Of Mine by Shania Twain (157bpm)



TOE-HEEL, STOMP, HOLD

- 1 Touch right toe beside left with knee pointing toward left
- 2 Touch right heel forward with toe pointing outward
- 3, 4 Stomp right in front of left, hold
- 5 Touch left toe beside right with knee pointing toward right
- 6 Touch left heel forward with toe pointing outward
- 7, 8 Stomp left in front of right, hold

TOE-HEEL, STOMP, HOLD

- 1-8 Repeat above

WALK BACK WITH STOMPS

- 1, 2 Step back on right, hold
- 3, 4 Step back on left, hold
- 5, 6 Step back on right, step back on left
- 7, 8 Stomp right alongside left, stomp right alongside left (unweighted)

GRAPEVINE RIGHT AND LEFT WITH ¼ TURN TO LEFT

- 1, 2 Step right to right side, step left behind right
- 3, 4 Step right to right side, touch left alongside right
- 5, 6 Step left to left side, step right behind left
- 7, 8 Turn ¼ to left while stepping on left, scuff right forward

JAZZ BOXES

- 1, 2 Cross right over left, step back on left
- 3, 4 Step right alongside left, step left alongside right

Repeat dance